runDisney Princess Half Marathon Weekend Packing List

	Running Shoes → Pack in carry-on bag if flying
	Extra running shoes
	Socks
	Sports bra
	Shirt/costume
	Shorts/skirt/costume
	Head wear/visor/sunglasses
	Sunscreen
	Tissues
	GPS watch
	GPS watch charger
	Gels/GU/fuel
	Ziploc bag
	Cell phone
	Cell phone charger
	Throwaway clothing
	Hair accessories/headbands
	KT tape/knee brace/injury gear
	Tylenol
	Band-Aids
	Extra safety pins
	Breakfast for race day
	Body glide
	Foam roller/compression socks/recovery gear/bio freeze
	Deodorant/other needed toiletries
	Extra clothes and shoes for gear check bag
	Headphones
	Water bottle/fuel belt
	Camera
	Camera charger
	Chap stick
	Money for expo
*If you	u are running multiple races be sure to bring multiple outfits plus extra clothing just in
case!	

Through Heather's Looking Glass

NOTES: